

JONAH

"A Whale of a Tale or a Tail of a Whale"

Lesson 5 – You Can't Keep a Good Man Down JONAH 2:1-10

Introduction:

- Abraham Lincoln
- John Bunyan
- Chuck Colson
- Rocky Balboa
- Jonah

How long will it take us to learn the lessons of getting out of the fish's belly? And what are those lessons?

I. A man of _____ . (2:1-6)

"From inside the fish Jonah prayed to the Lord his God. He said: 'In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.' I said, 'I have been banished from your sight; yet I will look again toward your holy temple. The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit.'"

The inquiring minds ask:

_____ did he pray?

To _____ did he pray?

_____ did he pray?

_____ did he pray?

A. When did he pray?

_____ .

B. To whom did he pray?

_____ .

C. What did he pray?

_____ , God's _____ .

D. How did he pray?

Prayed by _____ .

II. A man of _____ . (2:7-8)

"When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple. Those who cling to worthless idols turn away from God's love for them."

Dr. R.T. Kendall (from his book, Jonah)

Romans 8:28 means that just because something has been made right, does not mean it _____ right.

III. A man of _____ (2:9)

Note: Jonah did not ask to be delivered. He simply started praising God in a difficult situation and giving thanks.

Most of us associated "thanks with

_____ .

IV. A man of _____ (2:9-10)

"But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, 'Salvation comes from the Lord.' And the Lord commanded the fish, and it vomited Jonah onto dry land."

_____ and _____
are "of the Lord"!

I really appreciate the final verse of this chapter. God spoke to the fish, and out came Jonah. The way out of the fish's belly is to be a person of:

- **Prayer**
- **Purpose**
- **Praise**
- **Perception**

Thank God He is a God of "the second chance"! Thank God that you can't keep a good man down!

Next Lesson:

"What Can One Person Do?"